



## Children's Social Care



## Our Service

At In-Trac, we don't just deliver training. Our service starts at the development phase and carries right through to end of service impact reports, all delivered with our expert customer care.

**Design** All In-Trac training is bespoke to your organisation. The content of each session is discussed with you and formally signed off prior to delivery. Once the content is agreed, final course programmes and associated materials are developed and shared with you prior to delivery.

**Delivery** Our courses are delivered by exceptional, qualified trainers – specialists in their subjects – and feedback from our training is consistently rated 'excellent' or 'very good' by both delegates and those commissioning the courses.

**Customer Care** Our dedicated, professional customer team manages and carries out all communication between In-Trac and you, the client. They will liaise directly with you and the training will be monitored at every stage to make sure you are satisfied. Our head office team is experienced, enthusiastic and empathetic.

**Online** All of our courses can be delivered online via Zoom, MS Teams or your online platform of choice. Our training team has substantial experience of delivering successful training online with excellent outcomes. We provide materials to learners in an electronic format.

**Booking System** In-Trac has in place an established, bespoke, web-based Client relationship Management system, to organise and manage all training bookings, delegate bookings, trainers, materials, evaluations, and record keeping. Within this system is a client booking system which we are able to offer to our customers free of charge on most of our contracts.

**Evaluation** is a critical part of our process. All delegates complete an online evaluation form, as does our trainer, so that we may feed back to you any relevant issues raised as a result of the training.

**Impact** Our training doesn't end at evaluation. 3 months post-delivery, we send out a post-training impact survey to monitor the effectiveness that the training has had in your organisation.

**Review** Through our Service Delivery Management team we meet with our clients regularly to discuss past training and how improvements can be made (if any) and discuss any future training requirements.

**Managed Training Service** In-Trac has many years of experience managing training contracts of all kinds for various group sizes & across organisations. We recognise the care and attention to detail required to create the perfect training experience and outcomes.

We rigorously adhere to all available corporate training guidelines, local and national policies & requirements. So, whether you are looking for a one-off course or a bespoke programme we are confident we can offer you the right training for you.

Please ask about our volume booking discounts. The details of current offers can be found on our website at [www.in-trac.co.uk/offers](http://www.in-trac.co.uk/offers)

## About In-Trac

In-Trac Training specialises in providing a comprehensive range of courses to meet the specific training needs of the Social Care, Health Care, and Education sectors. One of our core offerings is Supervision training, which follows the integrated model known as the 4x4x4 model of supervision. This model was co-developed by our founder, Jane Wannacott, and forms the backbone of our supervision training.

Our team of trainers is carefully selected based on their expertise, experience, innovative approaches, and exceptional communication skills. They bring their wealth of knowledge and practical insights to deliver engaging and effective training sessions.

At In-Trac, we understand the importance of tailoring our courses to align with the unique requirements of your team, department, and organization. Our dedicated Customer Service team works closely with you throughout the training project, ensuring that your learning outcomes are fully met. Whether you prefer virtual training sessions conducted via your preferred video conferencing platform or classroom-based learning, we are equipped to deliver the courses in the format that suits you best.

Choose In-Trac Training for a wide range of specialised courses designed to enhance the skills and knowledge of professionals in Social Care, Health Care, and Education. Our commitment to customisation, exceptional trainers, and attentive customer service ensures a high-quality learning experience for your team.

## Children's Social Care Training at In-Trac

In-Trac training has one of the most comprehensive portfolios of Children & Family social care training in the U.K. We have specialist teams able to deliver everything from refresher & update training on Safeguarding Children to one-day and longer courses on Achieving Best Evidence, Understanding Section 47 and Attachment & Loss.

Talking Life trainers bring a wealth of experience, both as practitioners and as teachers to the training they deliver to clients in Children & Families Social Care. We have included many of the more popular and important courses here; however, if there is a topic missing from this extensive list, please feel free to contact us by phone, email or via our website and we would be happy to discuss your requirements with you.





Follow us on Twitter  
[@intrac\\_training](https://twitter.com/intrac_training)

**In-Trac Training and Consultancy Limited** 36 Birkenhead Road, Hoylake, Wirral CH47 3BW



## Bereavement & Loss Courses

- Helping children and young people deal with bereavement, separation and loss



## Foster Care Courses

- Care Planning and Planning for Permanency
- Challenging conversations and Working with Resistance in families with young people
- Direct Work and Voice of the Child
- Engaging Reluctant and Resistant Families
- Foetal Alcohol Syndrome
- Life Story Work
- Life Story work (2 Day Course)
- Parental Mental Ill-Health and Children's Safeguarding
- Permanency Planning
- Transitions (Leaving Care)
- Working with Parents and Carers: Positive Parenting





## General Courses

- Advanced Attachment training for Social Workers
- Anti racist, anti discriminatory, and anti oppressive practice
- Assessment & Analysis
- Challenging conversations and Working with Resistance in families with young people
- Child and Adolescent Development
- Evidence-Based Children Assessments
- Having difficult conversations with children and young people
- Intersectionality Awareness
- Life Story Work
- Lunchtime Learning – ‘Green’ Social Work
- Motivational Interviewing
- Neurodiversity
- Relationship Based Practice
- Understanding Cultural Diversity in our Work with Children and Families
- Working with Behaviour Positively
- Working with Trauma & Anxiety



## Health, Safety and First Aid Courses

- Lunchtime Learning – Health and Safety Law – recognising and controlling hazards





## Human Resources Courses

- Managing Challenging Behaviour



## IT Training Courses

- Online Safety



## Learning Difficulty / Disability Courses

- Assessing the needs of children in situations of parental learning disability
- Autism (Developing Skills) – Part 1
- Communicating with Children who have a Disability: Capturing their Views and Wishes
- D/deaf Awareness and a brief introduction to British Sign Language
- Developing Social Stories for Young People with SEND
- Direct work with children with disabilities
- Engaging Parents and Carers with Learning Disabilities
- Managing Challenging Behaviour
- Understanding ADHD & Autism
- Understanding Neurodiversity
- Understanding Sensory Processing



## Legal Courses

- Advanced Statement Writing & Court Skills
- Advocacy
- Analytical Reporting and Recording
- Appropriate Adult and PACE 1984
- Consent
- Court Familiarization and Evidence Giving (Court Skills)
- Court of Protection
- Court Skills for Children's Social Workers
- Court Skills Introduction – Family Law in a Day
- Current Legal Policy in Family Law
- Deprivation of Liberty (Children & Young People)
- Family Law and the Legal System
- Family Law and the Legal System (Welsh Context)
- Investigating Complaints Child/Family Social Care
- Investigative Interviewing
- Mental Capacity Act (MCA) & Deprivation of Liberty Safeguards (DoLS)
- Preparing for the LPS (Liberty Protection Safeguards)
- Section 47
- Special Guardianship Orders
- Transition from Children's to Adult Services -Legal Framework 16-25
- Writing Child Permanence Reports
- Writing Section 7 and 37 Reports



## Management & Leadership Courses

- 1:1 Direct Supervision
- De-escalation – A Proactive Approach to Conflict
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision
- Managing Challenging Behaviour



## Mental Health Courses

- Assessing the Needs of Children in Situation of Parental Mental Health
- Assessing the needs of children in situations of parental alcohol /substance misuse
- Mental Health and managing risky behaviour in adolescence
- The Toxic Trio
- Working with children and young people experiencing mental health difficulties
- Working with Trauma & Anxiety



## Personal Development Courses

- 1:1 Direct Supervision
- De-escalation – A Proactive Approach to Conflict
- De-Escalation – A Proactive Approach to Conflict 2-day Course
- Developing Cultural Humility and Working Inclusively
- Developing Effective Supervision: Core Skills for Supervisors
- Enhancing the Development of Newly Qualified Social Workers
- Group Supervision
- Managing Challenging Behaviour
- Neurodiversity





## **Resilience, Wellbeing & Stress Courses**

- The Role of Emotional Resilience in working with children & families
- The Role of Emotional Wellbeing for Practitioners



## Safeguarding Courses

- 1:1 Direct Supervision
- Adolescent to Parent Violence
- Appreciating the Importance of Attachment in Assessment
- Assessing the Needs of Children in Situation of Parental Mental Health
- Assessing the Needs of Children in Situations of Domestic Abuse
- Assessing the needs of children in situations of parental learning disability
- Best Practice in Social Work Assessments with Children & Families
- Chairing Meetings
- Challenging conversations and Working with Resistance in families with young people
- Child Development – Child to Young Person (13-25 years)
- Child Development (0-12 years)
- Child Physical Abuse
- Child Sexual Abuse
- Child Sexual Exploitation
- Contextual Safeguarding
- County Lines & Child Criminal Exploitation
- Developing Effective Supervision: Core Skills for Supervisors
- Direct Work and Voice of the Child
- Disguised Compliance
- Embedding Direct Work in Practice; Practical Skills
- Engagement of Fathers and Significant Males in Child Protection
- Engagement with Fathers and Significant Males in Safeguarding Children
- Engaging Reluctant and Resistant Families
- Evidence-Based Children Assessments
- FGM (Female Genital Mutilation)
- Group Supervision
- Learning from Serious Case Reviews
- Mental Capacity Act (MCA) and the Deprivation of Liberty Protection Safeguards (DoLS) for Children's Services
- Mental Health and managing risky behaviour in adolescence
- Modern Slavery & Human Trafficking
- Non-Accidental Injury (NAI) In Children
- Online Safety
- Parental Mental Ill-Health and Children's Safeguarding
- Parenting Assessments
- Physical Disengagement Training
- Pre-Birth assessment
- Preparing for the LPS (Liberty Protection Safeguards)
- Professional Curiosity in Practice
- Radicalisation & Extremism Awareness
- Recognising and responding to Child Sexual Abuse
- Report Writing and Record Keeping
- Safeguarding and Child Protection for Early Years and Childcare Practitioners

- Safeguarding and Child Protection in Early Years Refresher
- Safeguarding Children Level 3
- Safeguarding Children who have a Disability
- Safeguarding Supervision Skills
- Section 47
- Sexual Abuse and Risk Assessment
- Skills for Communicating with Children and Young People
- Special Guardianship Orders
- Substance Misuse & Impact on Parenting
- The Toxic Trio
- Transitions (Leaving Care)
- Trauma Informed Practice
- Understanding Neurodiversity
- Using an Understanding of Child Development in Child Care Assessments
- Working with Emotional Abuse & Neglect
- Working with Male Perpetrators of Domestic Abuse
- Working with Parents and Carers: Positive Parenting
- Working with Resistance, disguised compliance and hidden harm
- Written Work in Social Work



## Substance Misuse Courses

- Assessing the needs of children in situations of parental alcohol /substance misuse
- Assessing the needs of children of substance and/or alcohol misusing parents
- Drug & Alcohol Awareness
- Foetal Alcohol Syndrome
- Parental Mental Ill-Health and Children's Safeguarding
- Substance Misuse & Impact on Parenting
- The Toxic Trio



## Supervision Courses

- 1:1 Direct Supervision
- Authority & Supervision; Difficult and Challenging Conversations – developing frameworks for thinking and action
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision
- Promoting Reflective practice in Supervision
- Recording Reflective Supervision
- Reflective Supervision
- Safeguarding and Child Protection for Designated Person in Early Years Settings
- Supervising and assessing the ASYE year
- Supervising to Improve Practice
- Using Supervision Effectively: a one day course for Supervisees



## A-Z Course Index for Children's Social Care Courses

- 1:1 Direct Supervision
- Adolescent to Parent Violence
- Advanced Attachment training for Social Workers
- Advanced Statement Writing & Court Skills
- Advocacy
- Analytical Reporting and Recording
- Anti racist, anti discriminatory, and anti oppressive practice
- Appreciating the Importance of Attachment in Assessment
- Appropriate Adult and PACE 1984
- Assessing the Needs of Children in Situation of Parental Mental Health
- Assessing the Needs of Children in Situations of Domestic Abuse
- Assessing the needs of children in situations of parental alcohol /substance misuse
- Assessing the needs of children in situations of parental learning disability
- Assessing the needs of children of substance and/or alcohol misusing parents
- Assessment & Analysis
- Authority & Supervision; Difficult and Challenging Conversations – developing frameworks for thinking and action
- Autism (Developing Skills) – Part 1
- Best Practice in Social Work Assessments with Children & Families
- Care Planning and Planning for Permanency
- Chairing Meetings
- Challenging conversations and Working with Resistance in families with young people
- Child and Adolescent Development
- Child Development – Child to Young Person (13-25 years)
- Child Development (0-12 years)
- Child Physical Abuse
- Child Sexual Abuse
- Child Sexual Exploitation
- Communicating with Children who have a Disability: Capturing their Views and Wishes
- Consent
- Contextual Safeguarding
- County Lines & Child Criminal Exploitation
- Court Familiarization and Evidence Giving (Court Skills)
- Court of Protection
- Court Skills for Children's Social Workers
- Court Skills Introduction – Family Law in a Day
- Current Legal Policy in Family Law
- D/deaf Awareness and a brief introduction to British Sign Language
- De-escalation – A Proactive Approach to Conflict
- De-Escalation – A Proactive Approach to Conflict 2-day Course
- Deprivation of Liberty (Children & Young People)
- Developing Cultural Humility and Working Inclusively
- Developing Effective Supervision: Core Skills for Supervisors

- Developing Social Stories for Young People with SEND
- Direct Work and Voice of the Child
- Direct work with children with disabilities
- Disguised Compliance
- Drug & Alcohol Awareness
- Embedding Direct Work in Practice; Practical Skills
- Engagement of Fathers and Significant Males in Child Protection
- Engagement with Fathers and Significant Males in Safeguarding Children
- Engaging Parents and Carers with Learning Disabilities
- Engaging Reluctant and Resistant Families
- Enhancing the Development of Newly Qualified Social Workers
- Evidence-Based Children Assessments
- Family Law and the Legal System
- Family Law and the Legal System (Welsh Context)
- FGM (Female Genital Mutilation)
- Foetal Alcohol Syndrome
- Group Supervision
- Having difficult conversations with children and young people
- Helping children and young people deal with bereavement, separation and loss
- Intersectionality Awareness
- Investigating Complaints Child/Family Social Care
- Investigative Interviewing
- Learning from Serious Case Reviews
- Life Story Work
- Life Story work (2 Day Course)
- Lunchtime Learning - 'Green' Social Work
- Lunchtime Learning - Health and Safety Law - recognising and controlling hazards
- Managing Challenging Behaviour
- Mental Capacity Act (MCA) & Deprivation of Liberty Safeguards (DoLS)
- Mental Capacity Act (MCA) and the Deprivation of Liberty Protection Safeguards (DoLS) for Children's Services
- Mental Health and managing risky behaviour in adolescence
- Modern Slavery & Human Trafficking
- Motivational Interviewing
- Neurodiversity
- Non-Accidental Injury (NAI) In Children
- Online Safety
- Parental Mental Ill-Health and Children's Safeguarding
- Parenting Assessments
- Permanency Planning
- Physical Disengagement Training
- Pre-Birth assessment
- Preparing for the LPS (Liberty Protection Safeguards)
- Professional Curiosity in Practice
- Promoting Reflective practice in Supervision
- Radicalisation & Extremism Awareness
- Recognising and responding to Child Sexual Abuse
- Recording Reflective Supervision



- Reflective Supervision
- Relationship Based Practice
- Report Writing and Record Keeping
- Safeguarding and Child Protection for Designated Person in Early Years Settings
- Safeguarding and Child Protection for Early Years and Childcare Practitioners
- Safeguarding and Child Protection in Early Years Refresher
- Safeguarding Children Level 3
- Safeguarding Children who have a Disability
- Safeguarding Supervision Skills
- Section 47
- Sexual Abuse and Risk Assessment
- Skills for Communicating with Children and Young People
- Special Guardianship Orders
- Substance Misuse & Impact on Parenting
- Supervising and assessing the ASYE year
- Supervising to Improve Practice
- The Role of Emotional Resilience in working with children & families
- The Role of Emotional Wellbeing for Practitioners
- The Toxic Trio
- Transition from Children's to Adult Services -Legal Framework 16-25
- Transitions (Leaving Care)
- Trauma Informed Practice
- Understanding ADHD & Autism
- Understanding Cultural Diversity in our Work with Children and Families
- Understanding Neurodiversity
- Understanding Sensory Processing
- Using an Understanding of Child Development in Child Care Assessments
- Using Supervision Effectively: a one day course for Supervisees
- Working with Behaviour Positively
- Working with children and young people experiencing mental health difficulties
- Working with Emotional Abuse & Neglect
- Working with Male Perpetrators of Domestic Abuse
- Working with Parents and Carers: Positive Parenting
- Working with Resistance, disguised compliance and hidden harm
- Working with Trauma & Anxiety
- Writing Child Permanence Reports
- Writing Section 7 and 37 Reports
- Written Work in Social Work